



BRETAGNE BREST

THE INTERNATIONAL STUDENT'S HANDBOOK

2011-2012



Education and Culture
Lifelong Learning Programme
ERASMUS

PRME Principles for Responsible
Management Education

*Welcome to ESC Bretagne Brest
Brittany School of Management*





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ESC BRETAGNE BREST - 2 CAMPUS

BREST

2 avenue de Provence - CS23812 - 29238 Brest Cedex3
T+33 (0)2 98 34 44 44 - F+33 (0)2 98 34 44 69

VANNES

9 rue Commandant-Charcot - 56000 Vannes

www.esc-bretagne-brest.com

WELCOME!

I am very pleased to welcome you to ESC Bretagne Brest. Founded in 1962 Brittany School of Management is a fully accredited institution by the French Ministry for Higher Education and Research and a Member of the French “Conférence des Grandes Écoles” (CGE). ESC Bretagne Brest provides management education to some 860 students.

Brittany School of Management has a long-standing tradition of cooperation with European and international institutions. Our business school is also an active member of many international associations or programs such as: the **ERASMUS** scheme (Life long learning programme), **EFMD** (European Foundation for Management Development), **AACSB International** (Association to Advance Collegiate Schools of Business), **CLADEA** (Consejo Latino Americano de Escuelas de Administración), **EAIE** (European Association for International Education), **APAIE** (Asia Pacific Association for International Education), etc.

Being open to the world is one of our fundamental values and we are very proud to welcome international students from all over the world at our school!

You will find below some useful information and key contact persons to prepare your exchange programme. I would recommend that you read your “**International student's handbook**” carefully to make your stay with us a very pleasant one!

I wish you every success in your studies and am looking forward to meeting you in person very soon in Brest!

Welcome to ESC Bretagne Brest, welcome to Brittany!

Philippe Le Glas, Dean



BRITTANY SCHOOL OF MANAGEMENT AT A GLANCE

ESC Bretagne Brest mission statement:

Our vision is to develop in Brittany, educational and research programs that are open to the world, internationally recognized and supportive to business development in the Brittany region.

ESC Bretagne Brest's primary mission is to educate our students to be responsible business leaders.

We support our educational mission by:

- utilizing internships and other applied pedagogical methods,
- doing appropriate research which maintains strong links with the corporate world,
- serving the needs of the community.

We share these values:

- the nexus of academic and applied business research,
- experiential learning, and teaching methods utilizing applied research,
- a global openness for our students,
- teaching students to be responsible stewards of our resources.

Brittany School of Management is a French higher education and research institution dedicated to management education. **ESC Bretagne Brest** is proud of being a truly international school of management with more than 73 international partner schools and universities worldwide.

Our Business School is a member of the:

- LLP Erasmus programme,
- European Foundation for Management Development (EFMD),
- Asia Pacific Association for International Education (APAIE),
- Association to Advance Collegiate Schools of Business (AACSB),
- Conférence des Recteurs et des Principaux des Universités du Québec (CREPUQ),

- Consejo Latino Americano de Escuelas de Administración (CLADEA),
- European Association for International Education (EAIE).

ESC Bretagne Brest is fully committed to the United Nations *Principles for a Responsible Management Education* (PRME programme) and claims that performance and competitiveness can be consistent with solidarity and responsibility. We thus train our students to be efficient but also sensitive to the respect of these values.

Located on the western tip of the Breton peninsula (North-West France), Brest:

- Enjoys an exceptional setting and a mild marine climate.
- Is well connected to France and the world through its international airport, an excellent highway access to Paris and Nantes, a high-speed train service and easy links to the United Kingdom. Is one of the leading regions in Europe in the food and drink sector, naval activities, fishing, music production, publishing and logistics.

Brittany School of Management we apply TAO values: tonicity, authenticity and openness.

- **Tonicity:** from a region which has developed an economic growth activity, from an innovative and dynamic school capable of anticipating market trends.
- **Authenticity:** through self-respect and showing respect to others, in terms of fulfillment of our educational promises, through our concern for putting the student at the heart of our pedagogical project.
- **Openness:** by welcoming new ideas, methods and technologies, by introducing an international dimension to our training and to our educational approach, by listening to others.



ACADEMIC CALENDAR

2011-2012

Bachelor's degree course year 1 and 2
Language of instruction: English

→ Autumn semester

Application deadline: 14 June 2011
Induction day: 2 September 2011
Beginning of courses: 12 September 2011
End of courses: 16 December 2011
Exams: after each module
Resits: 21 - 25 May 2012

→ Spring semester

Application deadline: 14 October 2011
Induction day: 20 January 2012
Beginning of courses: 30 January 2012
End of courses: 25 May 2012
Exams: after each module
Resits: 11 - 15 June 2012

Bachelor's degree course year 1 and 2
Language of instruction: French

→ Autumn semester

Application deadline: 14 June 2011
Induction day: 2 September 2011
Beginning of courses: 12 September 2011
End of courses: 16 December 2011
Exams: 4 - 10 January 2012
Resits: 21 - 25 May 2012

→ Spring semester

Application deadline: 14 October 2011
Induction day: 20 January 2012
Beginning of courses: 30 January 2012
End of courses: 11 May 2012
Exams: 14 - 25 May 2012
Resits: 11 - 15 June 2012

Bachelor's degree course year 3 = Master in Management (MIM) year 1
Language of instruction: French and English

→ Autumn semester

Application deadline: 14 June 2011
Induction day: 2 September 2011
Beginning of courses: 5 September 2011
End of courses: 10 December 2011
Exams: 12 - 16 December 2011
Resits: 21 - 25 May 2012

→ Spring semester

Application deadline: 14 October 2011
Induction day: 20 January 2012
Beginning of courses: 23 January 2012
End of courses: 27 April 2012
Exams: 30 April - 11 May 2012
Resits: 11 - 15 June 2012

Master in Management (MIM) year 2 (M1)
Language of instruction: **French and English**

→ **Autumn semester**

Application deadline: 14 June 2011
Induction day: 2 September 2011
Beginning of courses: 5 September 2011
End of courses: 10 December 2011
Exams: 12 - 16 December 2011
Resits: 21 - 25 May 2012

→ **Spring semester**

Application deadline: 14 October 2011
Induction day: 20 January 2012
Beginning of courses: 23 January 2012
End of courses: 27 April 2012
Exams: 30 April - 11 May 2012
Resits: 11 - 15 June 2012

Master in Management (MIM) year 3 (M2), Master in International Business (MIB)
Language of instruction: **French and English**

→ **Autumn semester**

Application deadline: 14 June 2011
Induction day: 2 September 2011
Beginning of courses: 5 September 2011
End of courses: 10 December 2011
Exams: 12 - 16 December 2011

→ **Spring semester**

Application deadline: 14 October 2011
Induction day: 5 January 2012
Beginning of courses: 9 January 2012
End of courses: 25 May 2012
Exams: after each module

REGISTRATION PROCEDURES FOR EXCHANGE STUDENTS

Exchange students: are nominated by their home university. The coordinator of the home university:

- **nominates** the students who have been selected for the exchange,
- **sends** the students' details to Brittany School of Management international office as early as possible (June 15 for semester 1 and October 15 for semester 2) so that Brittany school of management has enough time to register the applications for places and to respond accordingly,
- **registration** is finalized when the exchange student(s) has/have arrived in Brest and provided the International office with all the necessary documents.

- **Courses:** Brittany School of Management operates on a **semester basis**. French classes for beginners are available (evening classes) for exchange students throughout the year. With the exception of those students who are on a dual qualification exchange program students are registered as non-degree seeking students at Brittany school of management and they are admitted on the grounds of a bilateral exchange agreement.
- **Placements/internships:** should exchange students wish to carry out an internship the placement contract must be issued by their home university.

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→ www.esc-bretagne-brest.com

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→ **For any inquiries, please contact:**
Nelly Plouzenec
International relations office
T+33 (0)2 98 34 44 47
F+33 (0)2 98 34 44 69
nelly.plouzenec@esc-bretagne-brest.com

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ENROLMENT PROCEDURE OF OUR EXCHANGE STUDENTS (Erasmus and Non-European students) University year 2011-2012

For your enrolment with Brittany School of Management as an exchange student, please follow this procedure:

Stage 1: Consultation of our courses

1.1 - Exchanges are organized at **undergraduate** (Bachelor's degree) and postgraduate levels (Master's degrees).

1.2 - List of programmes on offer: to consult our list of courses and modules (**undergraduate** and **postgraduate** courses) online please log into our intranet using the following indispensable log-ins and passwords via:

<http://sgcp.esc-bretagne-brest.com/login.aspx?ReturnUri=%2fDefault.aspx>

1.2.1 - Log-ins:

- **esc** for Master of Management (MIM)
- **msc** for Master of International Business (MIB)
- **bm** for Bachelor of Management

Password: Breizh1675

TO CONTACT BRITTANY SCHOOL OF MANAGEMENT:

ESC Bretagne Brest

Service des relations internationales

2 avenue de Provence - CS 23812
29238 Brest Cedex 3 - France

International Office:

T+33 (0)2 98 34 44 47 - F+33 (0)2 98 34 44 69

nelly.plouzennec@esc-bretagne-brest.com

www.esc-bretagne-brest.com

1.2.2 - Courses and modules on offer:

The following courses are accessible to our international exchange students:

- **Master in Management (MIM):** please check the language of instruction referring to the modules and their syllabi online.
- **MSc in International Business (MIB):** entirely taught in English.
- **Bachelor of Management (BM):** BM 1, BM 2 and BM 3 courses are taught in French and in English but incoming students should opt either for the French track OR for the English track as timetable clashes will otherwise occur.
- **Module choices: click on the appropriate semester/module** to generate its syllabus and get an overview of the academic contents along with the related class organization and evaluation methodology.



Stage 2: Pre-enrolment

2.1 - In order to select your modules, you have to go to:

<http://sgcp.esc-bretagne-brest.com/login.aspx?ReturnUri=%2fDefault.aspx>

- click on **"My module"** and select **"Pre-registration"** form (top left),
- you will **automatically receive** by e-mail a **user account and a password**, which will lead you to the next stage which is **your registration with** Brittany School of Management as an exchange student and the **validation** of the selected modules.

2.2 - **"Learning Agreement"**: the above-detailed enrolment procedure will enable you to generate your **"Learning Agreement"** and your **"Application Form"**, which you can then print.

2.3 - **Timetable** (the timetable will be online from July 2011): this procedure will enable you to consult your **timetable** automatically. Should you note any overlapping lectures, you may apply for a change of module **upon arrival** (not before) at Brittany School of Management.

2.4 - **Information:** the institutional Coordinator of your university and yourself university will receive a confirmation by e-mail of your module selection.

Stage 3: Confirming your enrolment

3.1 - **Your enrolment** as an exchange student will become final once the International Office at Brittany School of Management has received the originals (**hardcopy versions**) of your:

- **"Learning Agreement"**, duly signed and sealed by your home university.
- **"Application Form"**, duly completed by yourself.

3.2 - Enrolment deadlines:

- **14 June 2011 for the 1st semester of the academic year 2011-2012**
- **14 October 2011 for the 2nd semester of the academic year 2011-2012**

SCHOOL FACILITIES

All students, including the international students, will be given a personal e-mail address on arrival which they may use during their period of study at Brittany school of management. Besides, the school has the following facilities:

- 3 amphitheatres with 100 places, 200 places and 300 places equipped with video projection.
- Language and multimedia laboratory.
- 3 photocopiers are available for staff and the fourth is for the students.
- some computer rooms equipped with 95 Pentium computers connected to the internet, 7 laser printers on the network, 1 colour laser jet printer and 1 scanner.
- 1 canteen.
- 1 library.

The school building is modern and spacious with a total surface area of 7 700m². There are 300 parking places, and the school is 5 km from the city centre and 2 km from the nearest shopping centre.

Printing credits

Every student is entitled to 2550 printing credits at the beginning of the year. One page (white and black) printed will deduct 3 credits whereas one colour page will deduct 21 credits. If your printing credits run out, you can pay 5€ for 300 credits at the reception.

Here is a table showing the recharge price for printing credits

credits	€	credits	€
300	5	3000	50
600	10	3300	55
900	15	3600	60
1200	20	3900	65
1500	25	4200	70
1800	30	4500	75
2100	35	4900	80
2400	40	5100	85
2700	45		

→ If you have any enquiries concerning printing credits, please contact:
Erwan Lanchec (room: C206)

LIBRARY

Library collection:

- 7 000 books
- 8 000 books on offer on our cyberlibris cyberlibrary
- 160 french and foreign magazines
- 650 papers and reports
- 225 press files and annual company reports

→ OPENNING HOURS

8:30 am to 6:30 pm
from Monday to Friday

Library card:

To borrow books from library, students need to apply for a library card with a cheque of 80€ as a deposit.

If you leave France, please inform our librarian in person or by email to get your cheque back on the condition that you have returned all books borrowed.

If you still have some books in your account after leaving, your cheque will be cashed.



Laurence Pichon



→ If you have any inquiries,
please contact:

infotheque@esc-bretagne-brest.com

→ Valérie Le Roux

Chief Librarian

F+33 (0)2 98 34 44 60

valerie.leroux@esc-bretagne-brest.com

→ Laurence Pichon

Librarian

F+33 (0)2 98 34 44 15

laurence.pichon@esc-bretagne-brest.com

ASSOCIATIONS

• ISA

International students association
isa@esc-bretagne-brest.com

• BDA - Bureau des arts (Arts association)

bda@esc-bretagne-brest.com

• BDE - Bureau des élèves (Students union)

bde@esc-bretagne-brest.com

• BDS - Bureau des sports (Sports association)

bds@esc-bretagne-brest.com

• ESCale

Association of communication

escale@esc-bretagne-brest.com

• Humasso

Association humanitaire et
opérations de développement durable
(Humanitarian association and
sustainable development actions)

humasso@esc-bretagne-brest.com

• SupJob

(Students jobs)

supjob@esc-bretagne-brest.com

→ Contacts

President: Solène Salaun*

salaun.solene@hotmail.fr

Vice-President: Marianne Galliou**

marianne.galliou@esc-bretagne-brest.com

Secretary: Amandine Le Doze***

ledozeamandine29@orange.fr

The official blog:

<http://blog.esc-bretagne-brest.com/category/associations>

* All association offices are located in the
"Association corridor" which is behind the library.

** All students are encouraged to participate in one of
those associations and join more activities.

*** At the end of September, a 2-day orientation
camp will be organized by Students Union.

International Students Association - ISA

Mission: to welcome and assist the international students in their discovery of the French culture.

Activities:

Arrival to destination:

1. Pick the newly arrived students up at the train station or airport. (Please note: ISA students are only available from 22nd August.)
2. Accompany international students in finding accommodation, opening a bank account, Internet and electricity account, etc.
3. Introduce all new international students to different departments and associations.

Integration:

4. Visits: The sea world centre (Océanopolis), Paris, Locronan, Quimper, la pointe du Raz, Mont St-Michel, Saint-Malo, côte de Granit Rose and Ouessant, etc.
5. Global Village (International students share their specificities with other students).
6. Other activities as suggested by exchange students.



→ For any enquiries, please contact
our students association's coordinator:
Stéphanie Le Breton

T+33 (0)2 98 34 44 61

stephanie.lebreton@esc-bretagne-brest.com

KEY CONTACTS



Gilles Guéguen

→ **École supérieure de commerce
Bretagne Brest (ESC Bretagne-Brest)
Brittany School of Management**
2 avenue de Provence - CS 23812
29238 Brest Cedex 3 - France
T+33 (0)2 98 34 44 44
F+33 (0)2 98 34 44 69
www.esc-bretagne-brest.com

The institutional coordinator

→ **Gilles Guéguen**
Director of international development
T+33 (0)2 98 34 45 07
F+33 (0)2 98 34 44 69
gilles.queguen@esc-bretagne-brest.com

→ **Nelly Plouzenec**
International relations office
F+33 (0)2 98 34 44 47
F+33 (0)2 98 34 44 69
nelly.plouzenec@esc-bretagne-brest.com

School facilitators

→ **Nathalie Morvan**
Assistant to the Head of studies
(MIM year 1 program)
T+33 (0)2 98 34 45 98
F+33 (0)2 98 34 44 69
nathalie.morvan@esc-bretagne-brest.com

→ **Brigitte Becquet**
Assistant to the Head of studies
(MIM year 2, MIB and MS programs)
T+33 (0)2 98 34 44 77
F+33 (0)2 98 34 44 69
brigitte.becquet@esc-bretagne-brest.com

→ **Karine Le Gall**
Pedagogic assistant
(BM program)
T+33 (0)2 98 34 44 51
F+33 (0)2 98 34 44 69
karine.legall@esc-bretagne-brest.com



Nelly Plouzenec



Nathalie Morvan



Brigitte Becquet



Karine Le Gall

ARRIVAL IN FRANCE VISAS AND RESIDENCE PERMITS

International development

→ **Samuel Duval**
International admission Officer
T+33 (0)2 98 34 44 85
F+33 (0)2 98 34 44 69
samuel.duval@esc-bretagne-brest.com

IMPORTANT:
Non-EU students must bring a copy
of their birth certificate!

EU STUDENTS only need the Identity card or Passport.

Non-EU exchange students should follow the new procedures described below: long stay visa holders will be allowed to reside in France for up to 12 months according to the validity of their visa and the purpose of stay.

They will no longer be required to obtain a residence permit ("carte de séjour") from the French local authorities ("Préfecture") as long as their visa is valid. However, they will have to apply for a "carte de séjour" at the "Préfecture" if they intend to stay for more than one year.

→ Or, please contact: Hôtel de Ville
"Service d'accueil des ressortissants
étrangers"
2 rue Frézier - BP 92206
29222 Brest Cedex 2
T+33 (0)2 98 00 88 38
T+33 (0)2 98 00 88 39
T+33 (0)2 98 00 80 97
T+33 (0)2 98 00 80 98

Visas: more information on
<http://www.campusfrance.org/en/page/short-stay-visas-less-90-days>
<http://www.campusfrance.org/en/page/extended-stay-student-visa-residency-permit-vis-ts>

• **Step 1:** Long stay visa holders will have to register to the french Office of Immigration and Integration (OFII) during the first three months of their stay in France and send by registered mail to the local offices



of the OFII (Address: Direction territoriale de l'OFII, 110 rue de Vern, 35200 Rennes) with the following documents:

- The residence form stamped by the consulate when they granted your visa. You need to fill in your visa number, your date of entry in France or the Schengen area and your address in France.

- A copy of the ID pages of your passport and the of the immigration stamp received at the border.

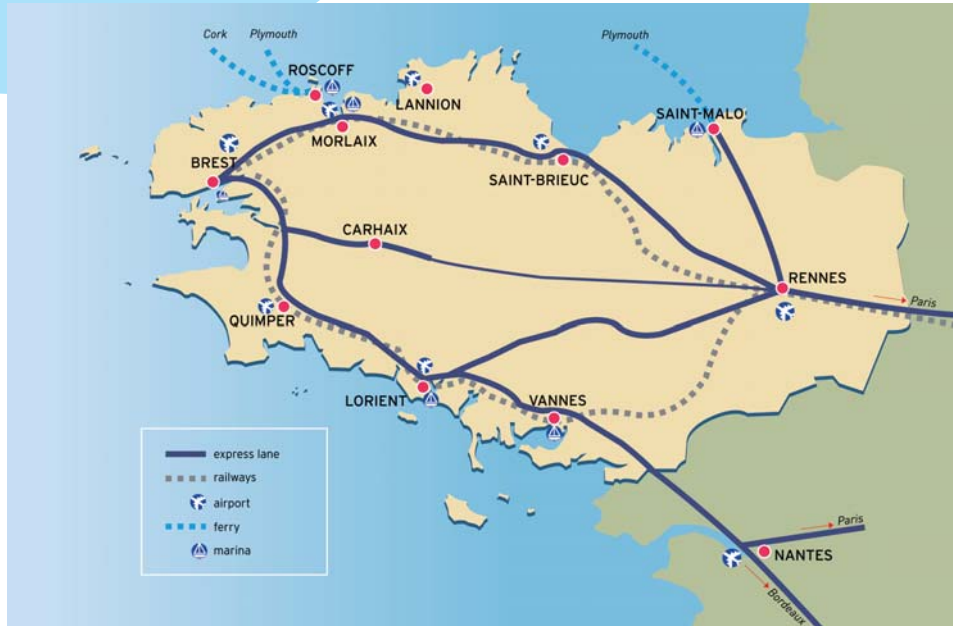
• **Step 2:** You will receive a confirmation of receipt of the application form and will be requested to attend an interview and medical examination with your passport, a proof of accommodation in France, one ID photo and means of payment for the processing fees of 55€.

• **Step 3:** when the file is complete, a registration stamp will be added to your passport. Only after all these formalities have been carried out and the OFFI stamp affixed onto the passport within the three months following his/her arrival in France, the student gets the right to stay on the French territory.

TRANSPORTS

Price lists given as a rough guide only

Coming to Brest



BY PLANE

Brest is linked to the whole of Europe by an international airport Brest-Bretagne. It is about one hour from Paris (8 flights per day, 3 flights from Roissy-Charles de Gaulle and 5 flights from Orly) and from London. Other direct-flight destinations include Nantes, Lyon, Nice, Marseille, Toulon, Birmingham, Exeter and Southampton, etc.

→ www.brest.aeroport.fr

Airport/campus transportation

The journey by taxi from the airport to the city centre takes 15 to 20 minutes. A shuttle service links Brest Bretagne airport and Brest city centre operates several times a day. It stops at Saint-Luc, place Albert 1^{er}, tourist office and the railway station. The journey takes around 15 minutes. Tickets (one way: 4.60€) can be purchased on the bus. It is recommended to get off at the tourist office because you can change all bus lines except no. 16 there.

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BY TRAIN

If you choose to come by rail, there are 9 high-speed trains (TGV) each day from Paris-Montparnasse station (Duration: 4hr30mins). There are also regular lines linked with other major towns like Rennes, Quimper, Nantes, etc. You can buy your ticket online at the SNCF-TGV.

→ www.tgv.com

BY ROAD

Brest is 580km from Paris, 254 km from Rennes, 145 km from Lorient and 145 km from Saint-Brieuc. The main routes arrive at Brest from the East (Rennes) or from the South (Nantes).

Transport in Brest

BUSES *[Price lists given as a rough guide only]*

The best way to reach the city centre is to take the bus. There are 19 lines all around the city, during the weekdays till 22:40, on Friday and Saturday until 00:40.

Here is the table showing different categories of tickets:

- **Ticket unité** (single journey ticket): 1.25€ > 1hr 15mins
- **Ticket journée** (day pass): 3.40€ > 1 day
- **Carnet de 10 tickets** (a book of 10 tickets): 9.50€
Each ticket is valid for 1 hour
- **Coupon hebdo** (weekly pass): 9.80€ > from Monday to Sunday Documents required: student card and ID photo
- **Coupon mensuel** (monthly pass): 29.80€ > from the first day to the last day of the month
Documents required: student card and ID photo

To go to the school you can take lines 3 or 5 from « place de la Liberté ». But be aware that there are 2 destinations of line 5. One is Hôpital Cavale Blanche, another is Provence. If you take line 5 in the direction of hôpital Cavale Blanche, you can get off at "École de Commerce". If you take line 3 or line 5 in the direction of Provence, you need to get off at "Gascogne" and walk about 2 minutes to school.

You can check the map at the following website:

<http://www.bibus.fr/carte/2009/default.asp?verif=1>

You can buy tickets at **bibusaccueil**:

33 avenue Clemenceau - 29200 Brest

Opening Hours:

From Monday to Friday > 08:15 - 18:15 - Saturday > 09:00 - 17:00

T+33 (0)2 98 80 30 30

or on this website: <http://www.bibus.fr/boutique.aspx>

A map showing Bibusaccueil and some nearby bus stops



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TRAM

The works of the future tramway of Brest are in realisation. It will be put in function at 2012.

TAXIS

You can call a taxi whenever you need:

- **Taxis Brest**
T+33 (0)6 62 81 29 29
<http://www.taxi-brest.com/index.php>
- **Taxis des Korrigans**
T+33 (0)2 98 43 91 30
T+33 (0)6 99 978000
<http://www.taxi-brest-korrigans.fr/>
- **Brest Taxi Express**
T+33 (0)6 63 60 04 50
<http://www.brest-taxiexpress.com/index.php>

Time to move

You can use the public transport to go to the beach or to visit the region. All the itineraries and prices:

www.viaoo29.fr/
École de commerce
N° 5, 6
Gascogne N° 3, 5, 6

It's also possible to visit islands near from Brest. You just have to take the boat: www.pennarbed.fr/index.php

BANKS

You are strongly advised to open a current bank account on arrival in France and to ensure that there are sufficient funds to cover the arrival costs. Remember that at the beginning there are often larger expenses such as paying rent in advance as deposit.

• BNP Paribas

1 rue Victor-Hugo - 29275 Brest
T+33 (0)8 20 82 00 01
F+33 (0)2 98 33 23 15

From Tuesday to Friday:
08:30 - 12:15, 13:45 - 17:45
Saturday: 08:50 - 12:30

<http://www.secure.bnpparibas.net/banque/portail/particulier/HomePage?type=site>

• Crédit Agricole

13 avenue Clemenceau - 29200 Brest
F+33 (0)2 98 44 19 49
T+33 (0)2 98 44 75 30

Monday: 09:30 - 12:15, 14:00 - 17:50

From Tuesday to Thursday:
09:00 - 12:15, 14:00 - 17:50

Friday: 09:00 - 12:15, 14:00 - 17:00

<http://www.credit-agricole.fr/espace-non-residents/>

• LCL Cr dit Lyonnais

65 rue de Siam - 29200 Brest
T+33 (0)8 20 82 41 83
F+33 (0)2 98 31 54 26

Tuesday, Wednesday:
08:15 - 12:00, 13:30 - 17:45
Thursday: 08:15 - 12:00, 14:30 - 17:45
Friday: 08:15 - 12:00, 13:30 - 17:45
Saturday: 08:30 - 13:00

<http://particuliers.secure.lcl.fr/index.html>

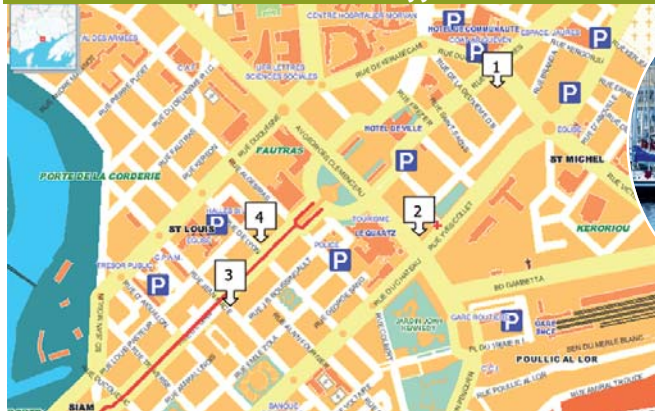
• Soci t  G n rale

72 rue de Siam - 29200 Brest
T+33 (0)2 98 00 57 00
F+33 (0)2 98 00 57 49

From Tuesday to Friday:
08:45 - 12:20, 13:45 - 18:00
Saturday: 08:50 - 12:40

<http://www.societegenerale.com/en?force=1>

Location of banks suggested



1. BNP Paribas
2. Cr dit Agricole
3. LCL Cr dit Lyonnais
4. Soci t  G n rale

ACCOMMODATION

(Price lists and rates given as a rough guide only)

Brittany School of Management has no accommodation facility whatever. Exchange students are required, therefore, to seek their own accommodation on arrival in Brest. Please find below some accommodation addresses.

ADRESSES

- **Mairie de Brest**
www.mairie-brest.fr
- **Bureau d'information jeunesse**
www.bij-brest.org
- **ESC Bretagne Brest**
www.esc-bretagne-brest.com/logements-etudiants-3.html
- www.fnaim.fr
- www.adele.org
- www.paruvenu.fr
- www.appartcity.com

STUDENTS RESIDENCES

- **Auberge de Jeunesse** (backpackers)
5 rue de Kerbriant - port de plaisance du Moulin Blanc - 29200 Brest
F+33 (0)2 98 41 90 41
Membership card to buy on:
<http://www.fuaj.org/inscription>
11  (less than 26 years old)
16  per night (more than 26 years old) and
17  (per night + breakfast)

- **Centre d'h bergement de K raudren**
1 rue Ernestine-de-Tr maudan
29200 Brest
T+33 (0)2 98 34 66 34
F+33 (0)2 98 34 66 14
centre.de.keraudren@wanadoo.fr
www.centrekeraudren.com
Single room: 23.20  per night
Double room: 16.70  per night
Triple room: 14.70  per night + breakfast

- **Clous**
2 avenue Le Gorgeu - 29200 Brest
T+ 33 (0)2 98 03 38 78
Opening hours: from Monday to Friday:
08:30 - 12:00, 13:30 - 16:30
Institution helps students to find a flat or a room
- **Arpej**
Plouzan  city - T+33 (0)2 98 31 46 50
Town centre/Brest
T+33 (0)2 98 43 69 72
www.universitycity.fr
4 student's residences offer 485 studios and rooms
Price: 300  - 560  per month



→ For any inquiries, please contact:
Nelly Plouzenec
T+33 (0)2 98 34 44 47
nelly.plouzenec@esc-bretagne-brest.com

STUDENTS RESIDENCES

(Price lists and rates given as a rough guide only)

• Appart City Cap affaires

81 rue Robert-Doisneau - 29200 Brest
T+33 (0)2 98 46 36 06

www.appartcity.com

Fully furnished en-suite apartment
for 1 or 2 persons.

Student rates possible: 420€ per month
2 months minimum (396€ per month over
8 months renting)

Rent for 1 week (7 nights):
329€ or 2 weeks (14 nights): 614€

• SNC Unigroupe

18 bis rue de Siam - 29200 Brest
T+33 (0)2 98 34 11 50

F+33 (0)2 98 34 11 51

groupestmathieu@wanadoo.fr

Studios with or without furniture from
310€ per month (taxes included)

• Résidence Saint-Luc

15 rue Jean-Bon-St-André - 29200 Brest
T+33 (0)2 98 43 69 72

Fully furnished apartment
About 350€ per month
5 minutes by car from the school

• Résidence Liberté

23 rue Duquesne - 29200 Brest
T+33 (0)2 98 43 69 72

Fully furnished apartment
About 400€ per month
Located in the city center



About renting a flat

1. Students may be required to find someone to act as guarantor in order to assure the owner that you have sufficient money to pay the rent every month or in case you run away, they can demand the guarantor to get it back.
- 1.1. If you can't find a guarantor, you may be asked to pay 6 months to one year rent in advance.
2. In the contract, it would specify the rental amount, the additional charge (if have), the name of tenant, the length of contract, the amount of deposit and the condition of the house, etc.
3. In general, it is requested one month rent as deposit.
4. When the tenant leaves, the owner or agency will check the house. If there are any damages, the deposit refunded will be reduced to serve as cost of repairs. It is possible that you will not be given any deposit if the condition of house is worse.
5. The tenant will also be required to buy housing insurance. It needs to be proved when given a key.
6. For electricity and gas, you need to go to "EDF-GDF" for the related service like opening a new account or changing the name.

→ 33 rue d'Aiguillon - 29200 Brest - T+33 (0)8 10 02 03 33

Allowance for accommodation (Caf)

All students living in France can apply for the housing allowance granted by Caf (Caisse d'allocations familiales). The amount depends on type of house, the rent and the number of tenants. It can be around 80€-170€ per month. The application forms can be printed out free of charge at Caf. You need to fill in and return them with supporting documents needed.

SOME HOTELS IN TOWN

• Saint-Louis*

6 rue Algésiras - 29200 Brest
T+33 (0)2 98 44 23 91
F+33 (0)2 98 46 07 94

• Abalys**

7 avenue Clemenceau - 29200 Brest
T+33 (0)2 98 44 21 86
F+33 (0)2 98 43 68 32
<http://www.abalys.com>

• Agéna**

10 rue Frégate-La Belle Poule - 29200 Brest
T+33 (0)2 98 33 96 00
F+33 (0)2 98 43 20 63

• Astoria**

9 rue Traverse - 29200 Brest
T+33 (0)2 98 80 19 10
F+33 (0)2 98 80 52 41
<http://www.hotel-astoria-brest.com>

• Citotel de la Gare**

4 boulevard Gambetta - 29200 Brest
T+33 (0)2 98 44 47 01
F+33 (0)2 98 43 34 07
<http://www.hotelgare.com>

• Hôtel Center**

4 boulevard Léon-Blum - 29200 Brest
T+33 (0)2 98 80 78 00
F+33 (0)2 98 80 78 78
<http://www.hotelcenter.com>

• Hôtel du Questel**

120 rue Francis-Thomas
ZAC du Questel - 29200 Brest
T+33 (0)2 98 45 99 20
F+33 (0)2 98 45 94 02
hotel-du-questel@wanadoo.fr
<http://www.hotel-du-questel.fr>

• Kyriad**

157 rue Jean-Jaurès - 29200 Brest
T+33 (0)2 98 43 58 58
F+33 (0)2 98 43 58 01
<http://www.kyriadbrest.com>

• Ibis Brest-Nord Kergaradec**

rue Romain-Desfossés - 29200 Brest
T+33 (0)2 98 47 50 50
F+33 (0)2 98 47 76 62

• Hôtel de la Rade**

6 rue de Siam - 29200 Brest
T+33 (0)2 98 44 47 76
F+33 (0)2 98 80 10 51
<http://www.hoteldelarade.com>

• Le Bellevue**

53 rue Victor-Hugo - 29200 Brest
T+33 (0)2 98 80 51 78
F+33 (0)2 98 46 02 84
<http://www.hotelbellevue.fr>

• Le Bretagne**

24 rue de l'Harteloire - 29200 Brest
T+33 (0)2 98 80 41 18
F+33 (0)2 98 44 72 27

• Le Vauban**

17 avenue Clemenceau - 29200 Brest
T+33 (0)2 98 46 06 88
F+33 (0)2 98 44 87 54

• Les Gens de Mer**

44 quai de la Douane - 29200 Brest
T+33 (0)2 98 46 07 40
F+33 (0)2 98 46 14 14

• Hôtel de la Corniche***

1 rue Amiral-Nicol - 29200 Brest
T+33 (0)2 98 45 12 42
F+33 (0)2 98 49 01 53
<http://www.hotel-la-corniche.com>

• L'Amirauté***

41 rue Branda - 29200 Brest
T+33 (0)2 98 80 84 00
F+33 (0)2 98 80 84 84
<http://www.oceaniahotels.com>

• Le Continental***

Square de la Tour d'Auvergne - 29200 Brest
T+33 (0)2 98 80 50 40
F+33 (0)2 98 43 17 47
continental.brest@oceaniahotels.com
<http://www.oceaniahotels.com>

• La Paix***

32 rue Algésiras - 29200 Brest
T+33 (0)2 98 80 12 97
F+33 (0)2 98 43 30 95
<http://www.hoteldelapaix-brest.com>

• Mercure Les Voyageurs***

2 rue Yves-Collet - 29200 Brest
T+33 (0)2 98 80 31 80
F+33 (0)2 98 46 52 98

• Oceania***

82 rue de Siam - 29200 Brest
T+33 (0)2 98 80 66 66
F+33 (0)2 98 80 65 50
<http://www.hotel-sofibra.com>

COST OF LIVING

(Price lists and rates given as a rough guide only)

The approximate estimated cost of living for a student in Brest can be broken down as following:

- Accommodation in town: 250€ - 350€/month
- Everyday expenses including food, transport, etc.: 200€/month
- School restaurant: 2.80€ or 4.10€
- University canteen: 2.90€
- Laundry: 3€ - 4€
- A baguette: 0.90€
- A croissant: 1.20€
- A sandwich: 3€ - 4€
- A stamp (20 g): 0.58€ (France)
0.75€ (European Union)
0.87€ (International)

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Supermarkets

Here are some main supermarkets in the town.

- **E.Leclerc:** 16 rue de la 2^e DB - 29200 Brest (in the city centre)
T+33 (0)2 98 44 56 45 - F+33 (0)2 98 44 39 58
> **Opening hours:** from Monday to Saturday 09:00 - 20:00
> **Bus:** Hôtel de Ville N°2, 5, 6, 11, 12, 21
- **Carrefour:** Place Napoléon III - 29200 Brest
T+33 (0)2 98 03 39 42
> **Opening hours:** from Monday to Saturday 08:30 - 19:30
Sunday: 09:00 - 12:30
- **Géant:** route de Gouesnou - 29200 Brest
F+33 (0)2 98 02 81 00 - F+33 (0)2 98 02 81 20
> **Opening hours:** from Monday to Thursday 08:30 - 21:00
Friday: 08:30 - 21:30
Saturday: 08:30 - 20:00

Phone

SFR, Orange and Bouygues are the main cell phone operators in France.

You can choose a forfait (allow you a certain amount of calling time for a regular monthly fee) with or without other options such as "xx text messages per month"

OR

You can buy a SIM card and the recharge card periodically at "Tabac". The price and the expired date vary depending on the mobile phone operators chosen.

Here is a table showing the recharge plan of one of the operators, Mobiho.

Amount of credit	The length of validation
10€	15 days
20€	1 month
30€	2 months
50€	3 months
100€	6 months

Internet

If you live at hall, you can apply the Internet operator provided. Normally, it is 19.99€ per month.

If you live in an apartment, you can choose the Internet service providers such as SFR, Numéricable and Orange, etc. Some packages will include the fixed phone lines which you can call a local or even international fixed line freely. But be aware that having your service or line opened can take several days or even a few weeks. If you want to stop the service, it's better to inform the providers at least one month in advance.

HEALTH AND INSURANCE

(Price lists given as a rough guide only)

The Health service in France is based on freedom of choice concerning doctors, chemists, or hospitals in case of need. The French National Health service called "Sécurité sociale" is a system which refunds part of health costs. The amount varies from 70% for medical consultation to 35% for certain medicines. (Therefore, it does not cover 100% of medical expenses). This refund only applies to patients covered by National Insurance. Students are advised to have a supplemental coverage plan in order to meet the rest of expenses paid. For more information, please visit the following websites: www.lmde.com and www.smeba.com

Be sure that you have a health insurance if you come in Brest before September 1st! If not The school won't be responsible in case of accident. Please contact us for more information.

International students are requested to see a GP (Medical doctor) upon arrival at Service Universitaire de Médecine Préventive: 13 rue de Lanrédec - CS 93837 - 29238 Brest Cedex 3
T+33 (0)2 98 01 82 88 - Fax+33 (0)2 98 01 82 90

www.univ-brest.fr/sumpps-centredesante

EU STUDENTS

You are eligible for this cover provided that you have a European Health Card (Carte européenne de santé) issued by the Social Security office in your country of origin before your visit to France. This system covers any possible health expenses and is used to claim for refunds. Therefore, you do not need to register in our school but you have to provide a photocopy of the card to the Accountancy Department.

NON-EU STUDENTS

All Non-EU students have to fill in a registration form to the French Social Security (document provided by the Accountancy Department) and pay 198€ (2011) even though you have your own insurance. Moreover, all students should have insurance cover for repatriation and civil liability. You will be required to furnish proof of these insurance policies.



USEFUL TIPS

The nearest hospital from the school is **Hôpital de la Cavale Blanche:**
Boulevard Tanguy-Prigent
29200 Brest - Tél. 02 98 22 33 33
Access by bus: Bus line n°5 and 6 stop at "Hospital Cavale"

Emergency services in France

- Police - 17
- Fire/Ambulance - 18
- First Aid/Ambulance - 15

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EXTRA AND LEISURE ACTIVITIES

(Price lists given as a rough guide only)

CINEMAS IN BREST

- **Le Celtic**
187 rue Jean-Jaurès
Tél. 02 98 80 34 55 - 5.50€/film
- **Les Studios**
135 rue Paul Masson
Tél. 02 98 46 26 02 - 4.50€/film
- **Multiplexe Liberté**
10 avenue Georges-Clemenceau
Tél. 02 29 61 13 13 - 4.50€/film

SWIMMING POOLS IN BREST

- **Foch**
25 avenue Foch - Tél. 02 98 33 66 20
2.40€/person
- **Kerhallet**
rue du Maine - Tél. 02 98 47 93 13
2.40€/person
- **Saint-Marc**
route de Quimper - Tél. 02 98 41 47 99
14.00€ (10 tickets)
- **Recouvrance**
rue Maissin - Tél. 02 98 45 92 94
27.50€ (25 tickets)

ICE RINK

- **Rinkla Stadium**
place Napoléon III (near school)

GOLF on the outskirts of the city

CULTURAL CENTER

- **Le Quartz**
avenue Georges-Clemenceau

CONCERT HALL

- **La Carène**
30 rue Jean-Marie-Le-Bris
Port de commerce

SEA WORLD CENTER

- **Océanopolis**
Parc de découverte des océans
Port de plaisance du Moulin Blanc

MUSEUM

- **Musée des Beaux-arts**
24 rue Traverse - Tél. 02 98 00 87 96
- **Musée de la marine**
Château de Brest - Tél. 02 98 22 12 39

SHOPPING

- Town center, Siam, Jaurès...
- Coat-ar-Gueven: www.coatargueven.com
- Espace Jaurès: www.espacejaures.com
- Les portes de Guipavas:
www.lesportesdeguipavas.fr
- **Tourist website**
www.brest-metropole-tourisme.fr

PUBLIC LIBRARY IN BREST

- **Bellevue**
Place Napoléon III - centre commercial
1^{er} étage - T+33 (0)2 98 00 89 30
Tuesday: 10:00 - 12:00, 13:30 - 18:30
Wednesday: 10:00 - 12:00, 13:30 - 18:00
Thursday: 13:30 - 18:30
Friday: 10:00 - 12:00, 13:30 - 18:30
Saturday: 10:00 - 12:00, 13:30 - 17:00
<http://applications-internet.mairie-brest.fr/VIPBI21/Interligo.web.Front/front.aspx?sectionId=603>
- **Cavale Blanche**
Place Jack-London - T+33 (0)2 98 05 54 00
Tuesday: 10:00 - 12:00, 13:30 - 18:30
Wednesday: 10:00 - 12:00, 13:30 - 18:00
Thursday: 13:30 - 18:30
Friday: 10:00 - 12:00, 13:30 - 18:30
Saturday: 10:00 - 12:00, 13:30 - 17:00
<http://applications-internet.mairie-brest.fr/VIPBI21/Interligo.web.Front/front.aspx?sectionId=604>
- **Discothèque Arpège**
11 rue Neptune - T+33 (0)2 98 00 87 77
Tuesday: 10:00 - 12:00, 13:30 - 18:30
Wednesday: 10:00 - 12:00, 13:30 - 18:00
Thursday: 13:30 - 18:30
Friday: 10:00 - 12:00, 13:30 - 18:30
Saturday: 10:00 - 12:00, 13:30 - 17:00
<http://applications-internet.mairie-brest.fr/VIPBI21/Interligo.web.Front/front.aspx?sectionId=608>
- **Étude**
22 rue Traverse - T+33 (0)2 98 00 87 60
Tuesday: 10:00 - 12:00, 13:30 - 18:30
Wednesday: 10:00 - 12:00, 13:30 - 18:00
Thursday: 13:30 - 18:30
Friday: 10:00 - 18:00
Saturday: 10:00 - 17:00
<http://applications-internet.mairie-brest.fr/VIPBI21/Interligo.web.Front/front.aspx?sectionId=602>
- **Lambézellec**
8 rue Pierre-Corre - T+33 (0)2 98 00 89 40
Tuesday: 10h00 - 12:00, 13:30 - 18:30
Wednesday: 10:00 - 12:00, 13:30 - 18:00
Thursday: 13:30 - 18:00
Friday: 10:00 - 12:00, 13:30 - 18:00
Saturday: 10:00 - 17:00
<http://applications-internet.mairie-brest.fr/VIPBI21/Interligo.web.Front/front.aspx?sectionId=609>
- **Neptune**
16 bis rue Traverse - T +33 (0)2 98 00 87 40
Tuesday: 10:00 - 12:00, 13:30 - 18:30
Wednesday: 10:00 - 12:00, 13:30 - 18:00
Thursday: 13:30 - 18:30
Friday: 10:00 - 12:00, 13:30 - 18:30
Saturday: 10:00 - 12:00, 13:30 - 17:00
<http://applications-internet.mairie-brest.fr/VIPBI21/Interligo.web.Front/front.aspx?sectionId=600>
- **Jp-Fourn Pontanézen**
9 rue Sisley - T+33 (0)2 98 02 52 40
Tuesday: 10:00 - 12:00, 13:30 - 18:30
Wednesday: 10:00 - 12:00, 13:30 - 18:00
Thursday: 13:30 - 18:30
Friday: 10:00 - 12:00, 13:30 - 18:00
Saturday: 10:00 - 12:00, 13:30 - 18:00
<http://applications-internet.mairie-brest.fr/VIPBI21/Interligo.web.Front/front.aspx?sectionId=605>
- **Quatre Moulins**
186 rue Anatole-France - T+33 (0)2 98 45 96 35
Tuesday: 10:00 - 12:00, 13:30 - 18:30
Wednesday: 10:00 - 12:00, 13:30 - 18:00
Thursday: 13:30 - 18:30
Friday: 10:00 - 12:00, 13:30 - 18:30
Saturday: 10:00 - 12:00, 13:30 - 17:00
- **Saint-Marc**
Place Vinet - T+33 (0)2 98 00 89 80
Tuesday: 10:00 - 12:00, 13:30 - 18:30
Wednesday: 10:00 - 12:00, 13:30 - 18:00
Thursday: 13:30 - 18:30
Friday: 10:00 - 12:00, 13:30 - 18:30
Saturday: 10:00 - 12:00, 13:30 - 17:00
<http://applications-internet.mairie-brest.fr/VIPBI21/Interligo.web.Front/front.aspx?sectionId=607>
- **Saint-Martin**
Place Guérin - T+33 (0)2 98 34 32 84
Tuesday: 10:00 - 12:00, 13:30 - 18:30
Wednesday: 10:00 - 12:00, 13:30 - 18:00
Friday: 10:00 - 12:00, 13:30 - 18:30
Saturday: 10:00 - 12:00, 13:30 - 17:00
<http://applications-internet.mairie-brest.fr/VIPBI21/Interligo.web.Front/front.aspx?sectionId=606>

PUBLIC HOLIDAYS 2012

- 1 January New Year
- 9 April Easter Monday
- 1 May Labour Day
- 8 May WWII Victory Day
- 17 May Ascension Tuesday
- 28 May Pentecost Monday
- 14 July Bastille Day
- 15 August Assumption Day
- 1 November All Saints Day
- 11 November 1918 Armistice Day
- 25 December Christmas Day



Brittany sSchool of Management

www.esc-bretagne-brest.com

See you soon at ESC Bretagne Brest...



Brittany School of Management or ESC Bretagne Brest is an institution run by the Brest Chamber of commerce and industry